



25 Characteristics You May Find In Those Who Are Awakening

There is no doubt the Earth is evolving spiritually. People are experiencing intense changes within their life, work, behaviors and personal relationships. Many are awakening at a rate that can only be described as phenomenal. So how do we know if we are awakening? Here are 25 common characteristics you may find in yourself and others.

1. Being in public places is sometimes overwhelming. Since our walls between self and other are dissolving, we haven't really learned to distinguish between someone else's energy and our own. If the general mood of the crowd is herd-like or negative, we can feel this acutely, and may feel like retreating into our own private space. When we have recharged our batteries [with meditation](#), spending time in nature, far away from other people, or just sitting in quiet contemplation, we are ready to be with the masses again. In personal relationships, we often will feel someone else's emotions as our own. It is important to have this higher sense of empathy, but we must learn to allow another person's emotions while observing them and keeping our empathy, but, realizing that not all emotions belong to us. [Social influence](#) can dampen our own innate wisdom.

2. We understand our current paradigm, more than we understand ourselves. We see the big picture and marvel and the duality of our world including why polarity consciousness has brought us to where it has today. We no longer see life choices and right or wrong, good or bad, just choices defined by the neutral frequencies that we later define. [Unity consciousness](#) is allowing us to spread the message of unity

consciousness to all of humanity that will allow us to heal our division and change the misery of our human beings to abundance within a global community filled with love for each other and not fear of each other.

3. We [know things](#) without having to intellectually figure them out. Often called intuitive awareness, we have ‘*a-ha*’ moments and insights that can explain some of the most complex theories or phenomenon in the world. Some of the most brilliant minds of our time just ‘know.’ Adepts and sages often were given downloads of information from higher states of consciousness after meditating or being in the presence of a more conscious individual; this is happening for more people with more frequency. As we trust our intuition more often, it grows stronger. This is a time of ‘thinking’ with our hearts more than our heads. Our guts will no longer be ignored. Our dreams are [becoming precognitive](#) and eventually our conscious thoughts will be as well.

4. We acknowledge our imperfection and how beautiful it is to be an imperfect version of our true selves. We thrive on challenging only ourselves, and not through competition at the expense of another, especially since we have no need to judge those who are exactly where they need to be.

5. [Watching television](#) or most of [main stream media](#), including newspapers and many Hollywood movies is very distasteful to us. The mindset that creates much, but not all, of the programming on television and in cinema is abhorrent. It commodifies people and promotes violence. It reduces our intelligence and numbs our natural empathetic response to someone in pain.

6. We no longer have a need to attach our love to material things, understanding that it only leads to misery because we are not learning to love ourselves and others. The mentality only leads to further acquisition of more things. Although things too are part of consciousness, they do not allow humans to accelerate the mass consciousness required to change the world. Only [love for ourselves](#) and others can do that. Love is knowing the deservability and worthiness of all. We are loved so unconditionally by Creation that we can even choose to believe that we are not loved.

7. Lying to us is nearly impossible. We may not know exactly what truth you are withholding, but we can also tell that something isn’t right. We also know when you have other emotions, pain, love, etc. that you aren’t expressing. You’re an open book to us. We aren’t trained in counter-intelligence, we are just observant and knowing. While we may pick up on [physical cues](#), we can look into your eyes and know what you are feeling.

8. We may pick up symptoms of your cold, just like men who get morning sickness when their wives are pregnant. Sympathy pains, whether emotional or physical, are something we experience often. We tend to absorb emotion through the solar plexus, considered the place we ‘stomach emotion’ so as we learn to strengthen

this chakra center, we may sometimes develop digestive issues. Grounding to the earth can help to re-establish our emotional center. [Walking barefoot](#) is a great way to re-ground.

9. We tend to root for the underdog, those without voices, those who have been beaten down by [the matrix](#), etc. We are very compassionate people, and these marginalized individuals often need more love. People can sense our loving hearts, so complete strangers will often tell us their life stories or approach us with their problems. While we don't want to be a dumping ground for everyone's issues, we are also a good ear for those working through their stuff.

10. We don't feel the need to awaken every person we see. Within a few sentences we can interpret their level of comfort in discussions [relating to consciousness](#). When necessary, we plant a seed and if it's meant to grow it will. We understand that attempting to awaken those who are not ready is toxic to their sensibilities.

11. If we don't learn how to set proper boundaries, we can get tired easily from taking on other people's emotions. Energy Vampires are drawn to us like flies to paper, so we need to be extra vigilant in protecting ourselves at times.

12. We are all becoming healers. We naturally gravitate toward healing fields, acupuncture, reiki, Qi-Gong, yoga, massage, midwifery, etc. are fields we often find ourselves in. We know that the collective needs to be healed, and so we try our best to offer healing in whatever form we are most drawn to. We also turn away from the 'traditional' forms of healing ourselves. Preferring natural foods, herbs, and holistic medicine as ways to cure every ailment.

13. We see the possibilities before others do. Just like when the church told Copernicus he was wrong, and he stood by his [heliocentric theory](#), we know what the masses refuse to believe. Our minds are light-years ahead.

14. We are creative. We sing, dance, paint, invent, or write. We have amazing imaginations.

15. We fully accept that we can only attract what is within our vibrational field. There are no experiences that we can obtain in physical form without attracting them from a vibrational perspective. That includes the most horrific experiences and the most beautiful ones. What we are learning to do is accept relationships and experiences for what they are. People and experiences are serving as reflections to teach us something about ourselves.

16. We don't question what love is, why it is or how it presents itself. We know it is everywhere, in everyone and everything, all permeating and infinite.

17. We require more solitude than the average person.

18. We might get bored easily, but we are really good at entertaining ourselves.

19. We have a difficult time doing things we don't want to do or don't really enjoy. We really do believe life was meant to be an expression of joy. Why waste it doing something you hate? We aren't lazy, we are discerning.

20. We are obsessed with bringing the truth to light.

21. We don't live in fear of anything. Any and all changes coming, no matter how much they are perceived as negative or dramatic on our Earth, are being designed by us. We have past the point of no return and the Earth is ascending to a higher state of consciousness. Nothing will stop it now.

22. We can't keep track of time. Our imaginations often get away with us and a day can feel like a minute, a week, a day.

23. We abhor routine.

24. We often disagree with authority (for obvious reasons). Some people call it "anarchy" without a true understanding of what that word or our governments really are.

25. We will often be kind, but if you are egotistical or rude, we won't spend much time with you or find an excuse to not hang out with people who are obsessed with themselves. We don't 'get' people who are insensitive to other people's feelings or points of view.

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